

# MET PLAIZIER

Your local canteen cooking homemade and serving speciality coffee all day



## COFFEE

Espresso	2,60€
Doppio	3,00€
Long Black	3,20€
Espresso Macchiato	3,00€
Cortado	3,20€
Cappuccino	3,60€
Flat White	3,80€
Latte Macchiato	4,00€
Café Latte	4,20€

Extra shot	0,50€
Make it iced	0,50€
Plant based milk (almond, coco, oat)	0,50€
Collagen shot 10g	1,50€
Monin sirop	0,60€

## HOT DRINKS

Hot Chocolate from Callebaut	4,20€
Pink latte	4,20€
Matcha latte from IRO	4,50€
Golden Latte from Madn	4,20€
Chai Latte from Madn	4,20€
Tea from L'heure bleue	4,00€
Earl Grey, Sencha, Genmaicha, Mint, Jasmin, Chant du moine	
Infusion from L'heure bleue	4,00€
Rooibos, ZEN, ginger	
Ginger - Honey - Lemon from Gimber Gimber	4,00€
Affogato café	5,00€

## SMOOTHIES

Berry good	6,50€
Almond milk, blueberries, banana & chia seeds	
Golden mango	
Mango, ginger, turmeric & lime	6,50€

## SUMMER DRINKS

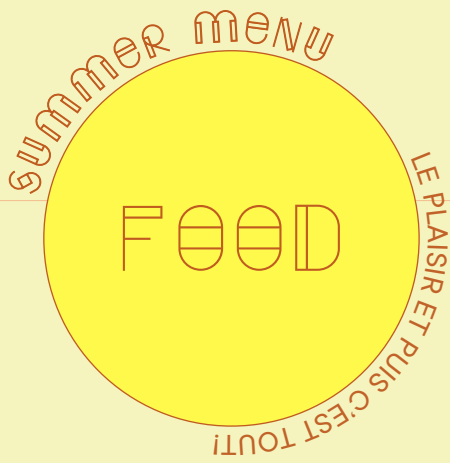
<b>Basil smash</b>	
Basil, lime, raw cane sugar & sparkling water	4,50€
<b>The "câlin"</b>	
Oat milk, espresso, peanut butter & raw cacao	5,50€
<b>Bissap</b>	
Hibiscus infusion, lime, ginger, mint & raw cane sugar	4,00€
<b>Ginger shot</b>	2,50€
Smashed ginger & tumeric, lemon & apple juice	
<b>Mango matcha</b>	6,50€
Iced matcha with coconut milk & mango puree	

## COLD DRINKS

<b>Homemade Iced Tea</b>	4,00€
<b>Homemade Lemonade</b>	4,00€
<b>Ginger Water</b> from Gimber	3,50€
<b>Sparkling Water</b>	2,00€
<b>Filtered still water (750ml)</b>	4,00€
<b>Freshly Squeezed Orange Juice</b>	4,50€
<b>Apple Juice BIO</b>	4,00€
<b>Lemonaid</b> from la brasserie l'Annexe	4,00€
<b>Community Cola</b>	3,80€
<b>Community Cola Sugarfree</b>	3,80€
<b>Rish Kombucha</b> Original / Basil Smash	4,50€

## FUNKY DRINKS

<b>Beers</b>	
<b>Uccle Centre</b> 6,4% from Bières de Quartier	4,20€
<b>Zinnebir</b> 5,8% from La Senne	4,20€
<b>Epervier IPA</b> 7% from La Source	4,20€
<b>Tandem White IPA</b> 3,8% from Drink Drink	4,20€
<b>Amazonian Erotica IPA</b> 6,2% from surréaliste	4,20€
<b>Saison de Bruxelles</b> 6% from L'annexe	4,20€



## FRUIT BOWL

<b>Granola Bowl</b>	10,50€
Served with greek yogurt, fresh fruits & honey	
<b>Coco Bongo Bowl</b>	11,50€
Coconut yogurt, coconut flakes, cacao nibs, chocolate chips, peanut butter, banana & blueberries	
<b>Acai Bowl</b>	11,50€
Served with fresh fruit, granola & coconut flakes	
<b>Overnight Oats</b>	8,50€
Oats, almond milk, fresh fruit & cinnamon <i>out 5,50€</i>	
<b>Chia Pudding</b>	8,50€
Chia seeds, coconut milk, mixed fresh & dried fruits <i>out 5,50€</i>	
<b>+ Nut butter</b>	0,60€
<b>+ Plant-based yogurt</b>	0,50€

## SWEET & BAKERY

<b>From Boulengier</b>	
<b>Croissant</b>	2,30€
+ Choco - Jam - Honey	0,50€
<b>Pain au chocolat</b>	2,40€
<b>Cinnamon Roll</b>	3,50€
<b>Bread and Butter</b>	4,00€
+ Choco - Jam - Honey	0,50€
<b>Slice of Cake</b>	4,50€
Marbled / Lemon	
<b>Brownie</b>	2,80€
With caramelized cashews	
<b>Homemade with all the talent of our Laura</b>	
<b>Banana Bread</b>	5,00€
<b>Carrot Cake</b>	5,50€
With cream cheese frosting	
<b>Cookie</b>	3,80€
Dark & Pecan / Milk & Hazelnut / Special	
<b>Financier</b>	3,80€
<b>Muffin</b> vegan & gluten free	4,20€
<b>Cookice</b>	5,50€
<b>Cookice (1/2) affogato café (oulalaaaa...)</b>	5,50€

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## EGGS & TOAST

<b>Egg bun</b>	7,50€
Scrambled eggs, feta cheese, chili flakes & chive	
<b>Morning bun</b>	7,50€
Scrambled eggs, ham & cheese	
<b>Two eggs your way</b>	7,50€
Sunny-side-up or scrambled with bread & butter	
<b>Croissant ham &amp; cheese</b>	5,00€
<b>Avocado toast *from 10 am</b>	14,50€
Lemon ricotta, avocado slices, chili flakes, fresh herbs, scrambled eggs & salad	

## SANDWICH

FROM 12PM

<b>Tuna bun</b>	7,50€
Tuna, capers, herbs, radish, egg salad	
<b>Panino</b>	12,50€
<b>Croc veggie</b>	11,50€
Grilled scamorza, veggies, homemade pesto <i>out 8,50€</i>	
<b>Croc'Monsieur</b>	9,50€
Grilled cheddar, ham & hint of mustard <i>out 6,50€</i>	
<b>Focaccia of the week</b>	12,50€
Veggie / Carne <i>out 9,50€</i>	

## LUNCH

FROM 12PM

<b>Homemade with all the talent of our Victor</b>	
<b>Plate of the week</b>	
Veggie	14,00€
Carne	16,00€
<b>Soup of the week</b>	
Medium	5,00€
Large	7,50€
<b>Salad</b>	14,00€
Rucola, roasted cherry tomatoes, veggies burrata & sourdough bread	

MONDAY TO  
FRIDAY  
8AM - 17PM

If you have any allergies,  
please ask our staff.  
Composition of the food  
may change.