

# MET PLAIZIER

Your local canteen cooking homemade and serving speciality coffee all day

## COFFEE

Espresso	2,60€
Doppio	3,00€
Long Black	3,20€
Espresso Macchiato	3,00€
Cortado	3,20€
Cappuccino	3,60€
Flat White	3,80€
Latte Macchiato	4,00€
Café Latte	4,20€

Extra shot	0,50€
Make it iced	0,50€
Plant based milk (almond, coco, oat)	0,50€
Collagen shot 10g / Spiruline	1,50€
Monin sirop	0,60€

## HOT DRINKS

Hot Chocolate from Callebaut	4,20€
Pink latte	4,20€
Matcha latte from IRO	4,50€
Golden Latte from Madn	4,20€
Chai Latte from Madn	4,20€
Tea from L'heure bleue	4,00€
Earl Grey, Sencha, Genmaicha, Mint, Jasmin, Chant du moine	
Infusion from L'heure bleue	4,00€
Rooibos, ZEN, ginger	
Ginger - Honey - Lemon from Gimber Gimber	4,00€

## SMOOTHIES

Copa ananas	6,50€
Coconut milk, pineapple, coconut flakes	
Fresh pink	
Raspberry, banana, lime & mint	6,50€



## SPRING DRINKS

Maple & spice latte	
Cafe latte with maple syrup & spices	5,00€
The "câlin"	
Oat milk, espresso, peanut butter & raw cacao	5,50€
Detox potion	
Fresh ginger, lemon, cinnamon & badiane	4,00€
Ginger shot	
Smashed ginger & tumeric, lemon & apple juice	2,50€
Mango matcha	
Iced matcha with coconut milk & mango puree	6,50€

## COLD DRINKS

Homemade Iced Tea	4,00€
Homemade Lemonade	4,00€
Ginger Water from Gimber	3,50€
Sparkling Water	2,00€
Filtered still water (750ml)	4,00€
Freshly Squeezed Orange Juice	4,50€
Apple Juice BIO	4,00€
Lemonaid Blood Orange	3,80€
Lemonaid Lime	3,80€
Community Cola	3,80€
Community Cola Sugarfree	3,80€
Rish Kombucha Original / Basil Smash	4,50€

## FUNKY DRINKS

Beers	
Uccle Centre 6,4% from Bières de Quartier	4,20€
Zinnebir 5,8% from La Senne	4,20€
Epervier IPA 7% from La Source	4,20€
Tandem White IPA 3,8% from Drink Drink	4,20€
Amazonian Erotica IPA 6,2% from surréaliste	4,20€
Saison de Bruxelles 6% from L'annexe	4,20€

SPRING menu

FOOD

LE PLAISIR ET PUIS C'EST TOUT!

## FRUIT BOWL

<b>Homemade Granola</b>	10,50€
Served with greek yogurt, fresh fruits & honey	
<b>Acai Bowl</b>	11,50€
Served with fresh fruit, granola & coconut flakes	
<b>Overnight Oats</b>	8,50€
Oats, almond milk, fresh fruit & cinnamon	out 5,50€
<b>Chia Pudding</b>	8,50€
Chia seeds, coconut milk, mixed fresh & dried fruits	out 5,50€

<b>+ Nut butter</b>	0,60€
<b>+ Plant-based yogurt</b>	0,50€

## SWEET & BAKERY

<b>From Boulengier</b>	
<b>Croissant</b>	2,30€
+ Choco - Jam - Honey	0,50€
<b>Pain au chocolat</b>	2,40€
<b>Cinnamon Roll</b>	3,50€
<b>Bread and Butter</b>	4,00€
+ Choco - Jam - Honey	0,50€
<b>Slice of Cake</b>	4,50€
Marbled / Lemon	
<b>Brownie</b>	2,80€
With caramelized cashews	
<b>Homemade with all the talent of our Laura</b>	
<b>Banana Bread</b>	5,00€
<b>Carrot Cake</b>	5,50€
With cream cheese frosting	
<b>Cookie</b>	3,80€
Dark & Pecan / Milk & Hazelnut / Special	
<b>Financier</b>	3,80€
<b>Muffin</b> vegan & gluten free	4,20€

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## EGGS & TOAST

<b>Egg bun</b>	7,50€
Scrambled eggs, feta cheese, chili flakes & chive	
<b>Morning bun</b>	7,50€
Scrambled eggs, ham & cheese	
<b>Two eggs your way</b>	7,50€
Sunny-side-up or scrambled with bread & butter	
<b>Croissant ham &amp; cheese</b>	5,00€
<b>Peanut butter toast</b>	7,50€
Sourdough toast with peanut butter, bananas, grilled nuts, maple syrup & cinnamon	

## SANDWICH FROM 12PM

<b>Tuna bun</b>	7,50€
Tuna, capers, herbs, radish, egg salad	
<b>Our "classic" sandwich</b>	7,50€
<b>Croc veggie</b>	11,50€
Grilled scamorza, veggies, homemade pesto	
<b>Croc'Monsieur</b>	9,50€
Grilled cheddar, ham & hint of mustard	
<b>Focaccia of the week</b>	12,50€
Veggie	out 9,50€
Carne	

## LUNCH FROM 12PM

<b>Homemade with all the talent of our Victor</b>	
<b>Plate of the week</b>	
Veggie	14,00€
Carne	16,00€
<b>Soup of the week</b>	
Medium	5,00€
Large	7,50€

MONDAY TO  
FRIDAY  
8AM - 17PM

If you have any allergies,  
please ask our staff.  
Composition of the food  
may change.

wifi code : avecplaisir